

Recommended Disciple-Making Curricula for CCC Discipling Groups

There is no “one-size fits all” curriculum for discipling. The primary “curriculum” is Jesus himself, and our own pursuit of him (1 Cor 11:1). Thus, relationships of trust and the desire for Christ-like transformation form the key to any discipling group. The following resources may act as a tool for the leader as he/she walks alongside growing disciples.

Workbooks and Studies

Discovering Our Spiritual Identity: Practices for God's Beloved, Trevor Hudson (ISBN: 978-0830810925)

Description: Hudson identifies 16 practices that he leads the disciple into through readings, reflections, and “holy experiments”. His writing balances practical application with penetrating insights and make space for significant growth and formation.

Discipleship Essentials, Greg Ogden (ISBN: 9780830810871)

Description: Ogden divides 25 foundational ideas for the Christian Life into 25 chapters, each including an opportunity for reflection, Scripture study/memorization, and a short reading/response. The information and layout is accessible for brand new Christians, while providing challenge for those who have walked with Jesus for some time already.

The Gospel-Centered Life, World Harvest Mission

Description: This is an adaptable 9-lesson study that guides participants through the content, and power, purpose of the gospel. The lessons include reading, discussion, and application. It's missional in focus and appropriate for new and mature believers alike.

Gospel in Life: Grace Changes Everything, Tim Keller (ISBN: 9780310328919)

Description: Keller's book provides “an eight-session course on the gospel and how to live it out in all of life”. It intermingles short video teaching with “home-study” readings and reflections.

Leadership Essentials, Greg Ogden (ISBN: 9780830810970)

Description: Structured just like Discipleship Essentials, this workbook heads into deeper issues to shape hearts and minds. Perhaps best with folks who have been Christians for a long time but never formally disciplined. Ogden aims to develop servants who will lead with maturity.

Multiply Movement, Francis Chan. In book or PDF form, <http://www.multiplymovement.com>

A resource dedicated to helping people make disciples. Packed with Scripture and personal application, Chan's *Multiply* resource includes readings, a study guide, and online videos.

Books: For those who prefer to create their own discussion questions

Key Books on Foundation Biblical Content

Christian Beliefs: 20 Basics (ISBN: 978-0310255994) A stream-lined systematic theology from the best.

Knowing God, JI Packer (978-0830816507) Classic. Deep and heady, but also foundational and pastoral.

Knowing What you Believe, Paul Little (ISBN: 978-0830834235)

Key Books on Foundational Christian Practice

Basic Christianity, John Stott (ISBN: 978-0830834037) A classic for knowing what and why we believe.

The Fight, John White (ISBN: 978-0877847779)

Becoming a Healthy Disciple, Stephen Macchia (ISBN: 9780801091414)

Gospel-Centered Questions For Discipling Relationships

These questions aim at heart motivations and drive us to the gospel.

- What does the hope of the gospel say in response to this difficult circumstance?
- What are you grateful for this week, and why?
- What are you desiring more than anything else? ie – what is your treasure? How do you discern this?
- What obstacles keep you from enjoying and following the Lord?
- What do you find yourself day-dreaming or fantasizing about?
- What promises of God fill you with the greatest joy? Why?
- What lies do you subtly believe that undermine the truth of the gospel?
- Are you astonished with what Jesus has done and is doing?
- What has God shown you this week? How is He speaking? What encouragement, conviction, or instruction has he given? How has he done it?
- Is technology stealing time or energy from your family, the Lord, your work or call?
- Is work replacing your spouse's rightful place in your heart?
- Where do your thoughts drift when you enter a social setting?
- What has given you the greatest joy this week? What does this tell you about your heart?
- What fears paralyze your heart and keep you from enjoying God?
- What consumes your thoughts when you have alone time?
- What is the sin-beneath-the-sin in something you're struggling with?

[some of these were adapted from J. Dodson, *Gospel-Centered Discipleship*, Appendix]